

SUCCESS WITH LESS STRUGGLE with NEISHA TWEED BELL

A VISION FOR SUCCESS

When I think of me achieving success, these words come to mind:

WHAT STRUGGLE DOES FOR US

_____ US	<i>to build a well-rounded foundation</i>
_____ US	<i>to improve our skills</i>
_____ US	<i>up to wider perspectives</i>

When I experienced struggle in the past, it helped me grow these skills or in these ways...

My greatest struggle at work is:

Internal: confidence, inner critic, imposter syndrome, or other

External: communication, coworkers, clients, work/life challenges, or other

Other: _____

Notes