

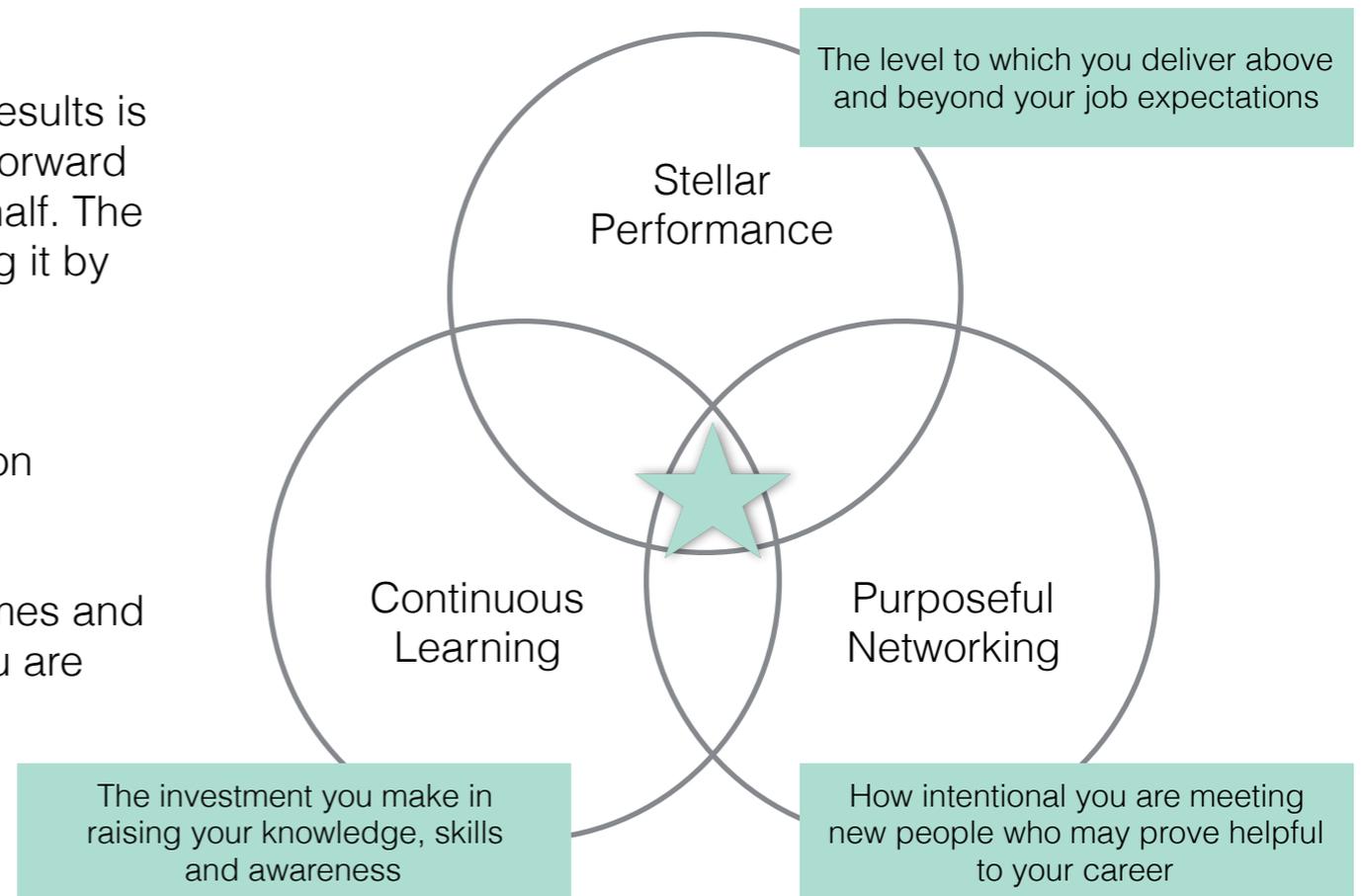
Own-HER-Ship - A Women's Guide to Owning Her Career Growth & Results

SUMMARY:

The key theme in this conversation around career growth and results is **personal ownership**. Taking the initiative to drive your career forward and not waiting or expecting someone else to do it on your behalf. The needle on your potential only moves if you are the one grabbing it by the horns and pulling.

3 Facets of Career Ownership:

- 1) Stellar Performance** - making sure you are over-delivering on expectations and finding ways to stand out
- 2) Continuous Learning** - keeping a learner's mindset at all times and taking the time to push yourself to learn more, beyond what you are doing in your daily work
- 3) Purposeful Networking** - taking a proactive view to the networking you do, both inside and outside your company.



CURRENT STATE:

Give an honest assessment on how you are currently doing in each of the three areas. Rate 1 to 5, with 5 being highest.

Stellar Performance	1	2	3	4	5
Continuous Learning	1	2	3	4	5
Purposeful Networking	1	2	3	4	5

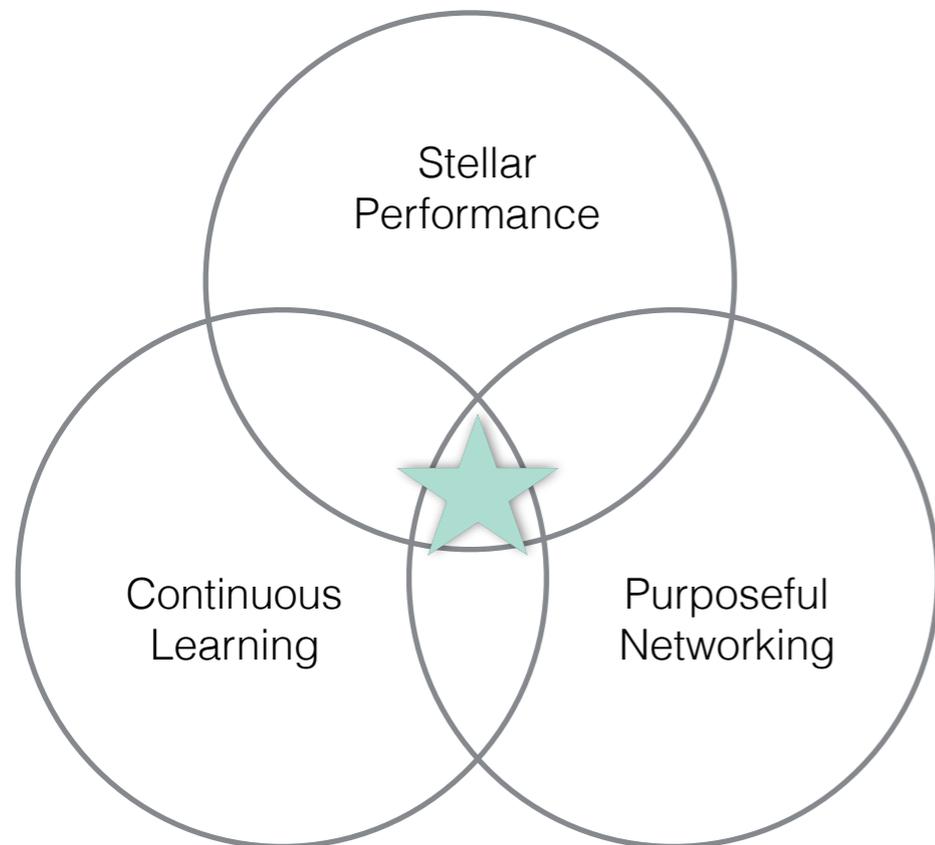
CONSIDER:

- Why did I give myself these ratings?
- What is getting in my way in any of these areas?
- What would help move my ratings higher?

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DISCUSSION:

1. Has there been a time in your career where you took ownership and saw a great result?
2. Share something you do to make sure you are keeping learning a priority in your career.
3. Provide an example of how you purposefully network within your company.
4. Share a way you work to go above and beyond in your performance, especially in ways that get you noticed.



TAKING ACTION:

Identify how you can do take action in each of the 3 areas:

Stellar Performance

1. _____
2. _____
3. _____

Continuous Learning

1. _____
2. _____
3. _____

Purposeful Networking

1. _____
2. _____
3. _____